



SHARP News

Get SHIP from SHARP



What is SHIP?

The Navy **STD-HIV Intervention Program (SHIP)** is a skills-building intervention, designed in partnership with the Marine Corps, to modify behaviors associated with the acquisition of STDs/HIV. The intervention uses a variety of media to present information about STDs/HIV, and it includes many small group discussions and other interactive group activities, such as role-playing and educational games. The intervention is aimed at enhancing knowledge about STDs/HIV, heightening their motivation to engage in safe behaviors and refrain from unsafe behaviors, and strengthening their behavioral and decision-making skills. Two videotapes, "HIV Legacy" and "Liberty Brief," were produced specifically for this program.

The version **offered by NEHC SHARP** (which will be distributed on a compact diskette named "**SHARP Toolbox 2000**") is a **6-hour** program designed for three 2-hour sessions. This compact disk will be mailed to all SHARP Area Coordinators in Jan 00. It will also be provided to each newly registered HIV Instructor, and to others by request.

SHIP Materials:

- SHIP Lesson Plan (102 pages) (electronic file is on the CD **SHARP Toolbox 2000**)
- SHIP PowerPoint presentation (87 slides) (also on the CD **SHARP Toolbox 2000**)
- The videotapes needed are *HIV Legacy* and *Liberty Brief*. These can be borrowed from NEHC for up to 1 month. Simply contact the NEHC library: Lopezj@nehc.med.navy.mil (757) 462-5448 DSN: 864-5448. These tapes may be copied (they are not copyrighted).

SHIP Background:

Since 1994, the Naval Health Research Center (NHRC) has conducted research designed to prevent STDs and HIV/AIDS among military personnel. In the first NHRC project ("Military-Based Intervention for the Prevention of STDs/HIV"), an intervention called the STD/HIV Intervention Program (SHIP) was developed and tested among a group of Marines on Western Pacific Deployment. This project was a collaborative effort between NHRC and the University of California, San Francisco (UCSF). The Principal Investigator was CAPT Stephanie Brodine; other researchers on the project included CDR Richard Shaffer, Mr. Stanley Ito, Ms. Debra Yniquez, and Ms. Dana Benas from NHRC, and Dr. Cherrie Boyer and Dr. Mary-Ann Shafer from UCSF.

Versions of SHIP were designed for the Preventive Medicine Technician and Marine Security Guard schools. A 1-hour module was developed for the U.S. Marine Corps Semper Fit Program. The **1-hour** module is composed of two videos developed for SHIP and didactic discussion about the key points addressed in the videos. This module has been packaged by Headquarters, Marine Corps (Code MHH) and is currently being **distributed to Semper Fit Coordinators** throughout the Marine Corps. The 6-hour version available from SHARP was adapted for use in the Marine Security Guard School.

For more information about SHIP, please see the Naval Health Research Center Report ***Transition of a Successful Skills-Building STD/HIV Intervention to the Fleet*** at <http://www.nhrc.navy.mil/rsch/code232/wuis6406.html>

"Chart a Safe Course"

Sexual Health and Responsibility Program (SHARP)

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